Cost of Living Index Survey Helpful Hints

Last Updated November 2019

GROCERY ITEMS

1. RIBEYE STEAK
   Price per Pound
   - Price at grocery supermarkets only, please
   - Price in a shrink-wrapped package
   - Please check for these common mistakes...
     - Reporting the weight of the package as the price
     - Reporting the total price of a package (without regard to the weight)

2. GROUND BEEF or HAMBURGER MEAT
   Price per pound, lowest price, min 80% lean (or max 20% fat)
   - Price at grocery supermarkets only, please
   - Please check for these common mistakes...
     - Don't list the price or weight of a package
     - Don't price ground chuck or ground round
     - Don't price a product with soybean extenders

3. PORK SAUSAGE
   1 lb. (16-oz.) package, Jimmy Dean or Owens brand, any pure pork variety
   - Price at grocery supermarkets only, please
   - Please price 16 oz packages wherever available; verify the size in your response
   - If 16 oz. packages are not available, price 12 oz if at all possible and indicate the size
   - Please check for these common mistakes...
     - Don't substitute any other brand unless the name brands are not available
     - Don't price patties, only the 16 oz. roll
     - Don't price a product with soybean extenders

4. FRYING CHICKEN
   Whole uncut: Price per pound, lowest price
   - Price at grocery supermarkets only, please
   - Please check for these common mistakes...
     - Don't list the price or weight of the package
     - Don't price baking hens or capons
     - Don't price "range" chickens

5. CHUNK LIGHT TUNA
   5 or 6 oz. can, Starkist or Chicken of the Sea
   - Price at grocery supermarkets only, please
   - Price one can, in oil or water
   - Please check for these common mistakes...
     - Take care to get the 5 or 6 oz can price, not the 9 oz or 12 oz
     - Don't price white albacore tuna, it's much higher
     - Don't price the Select Fillets, it's also much higher
     - Don't price the pouch-style package
     - Don't substitute any other brands unless absolutely necessary

6. WHOLE MILK
   1/2-gallon lowest price
   - Price at grocery supermarkets only, please
   - Please check for these common mistakes...
     - Take care to get the 1/2 gallon and not the gallon size
     - Don't price 1%, 2%, buttermilk, chocolate or skim milk

7. EGGS
   1 dozen, grade A or AA, large
   - Price at grocery supermarkets only, please
   - Please check for these common mistakes...
     - Be sure the price is for a single dozen eggs, 18 egg cartons are now common
     - Don't price brown eggs, or "low" cholesterol eggs
8. MARGARINE
1 lb. Blue Bonnet or Parkay, stick form
- Price at grocery supermarkets only, please
- Take care to get only one pound size, two pound size is now common
- Please check for these common mistakes:
  - Be sure it is the stick form not the tubs, tubs are usually higher
  - Don’t substitute any other brands

9. PARMESAN CHEESE, GRATED
8 oz. canister, Kraft brand
- Price at grocery supermarkets only, please
- If 8 oz not available, get as close to 8 oz as possible, and use Comment box to report size
- Please check for these common mistakes:
  - Don’t price the Kraft blends, parmesan cheese only
  - Don’t substitute any other brands

10. POTATOES
5 lb. bag, lowest price
- Price at grocery supermarkets only, please
- If 5 lb bag not available, get closest size and indicate weight in the comment section of the form
- Please check for these common mistakes:
  - Don’t price baking potatoes or sweet potatoes

11. BANANAS
Price per Pound
- Price at grocery supermarkets only, please
- Does not have to be a name brand but Dole, Chiquita or Del Monte are good
- Please check for these common mistakes:
  - Don’t price over-ripe discounted bananas; the bananas priced should keep for several days
  - Don’t price for individual banana

12. ICEBERG LETTUCE
Head (approximately 1.25 pounds)
- Price at grocery supermarkets only, please
- Be sure to price only iceberg head lettuce, not bibb or head lettuce
- Normally lettuce is sold by the head; a head should be about 1 1/4 pounds.
- If the heads vary greatly from this, please prorate. If the lettuce is sold by the pound, price 1 1/4 pounds
- Please check for these common mistakes:
  - Don’t price any lettuce except the very freshest, never old or discounted lettuce

13. WHOLE WHEAT BREAD
24 oz Arnold/Orowheat/Brownberry brand 100% whole wheat bread
- Price at grocery supermarkets only, please
- Price the whole loaf, not per ounce
- If Arnold brand is not available, please price Nature’s Own 100% whole wheat 20oz loaf and indicate in the comment box
- Please check for these common mistakes:
  - Never include white bread or any specialty breads like French or sourdough

14. FRESH ORANGE JUICE
52 oz. Tropicana or Florida Natural brand
- 59 or 64 oz are permitted where available
- Price at grocery supermarkets only, please
- It should be “original”, “not from Concentrate” and “no pulp”.
- Please report the lowest price
- Please check for these common mistakes:
  - Don’t substitute any other brands

15. COFFEE, VACUUM-PACKED
11 to 11.5 oz. can or brick, Maxwell House, Hills Brothers, or Folgers
- Price at grocery supermarkets only, please
- Be sure it’s 11 to 11.5 oz size and not 13 oz size
- Please check for these common mistakes:
  - Don’t price decaffeinated coffee
  - Don’t price instant coffee
  - Don’t price generics or any other brands

16. SUGAR
4 - 5 lb., cane or beet, lowest price
- Price at grocery supermarkets only, please
- Please price 4 lb. bags wherever possible.
- Please indicate the weight for each item.
- Price lowest price pure granulated sugar only
Please check for these common mistakes....
  o Don't price powered or brown sugars

17. CORN FLAKES
18 oz., Kellogg's or Post Toasties
  Price at grocery supermarkets only, please
  Please check for these common mistakes....
    o Take care to get the 18 oz box price, not the 12 oz or 24 oz box price
    o Don't substitute any other brands

18. SWEET PEAS
15 to 15.25 oz can, Del Monte or Green Giant
  Price at grocery supermarkets only, please
  Please check for these common mistakes....
    o Don't price cans with pearl onions or with carrots
    o Don't substitute any other brands

19. PEACHES
15 oz. can, Hunt's Del Monte, Libby's, or Lady Alberta, halves or slices
  Price at grocery supermarkets only, please
  May be in light or heavy syrup
  Please check for these common mistakes....
    o Don't price spiced peaches
    o Don't price the "diet" versions
    o Don't substitute any other brands

20. FACIAL TISSUE
160-count box, Kleenex brand
  Price at grocery supermarkets or any other outlet, please
  If 160-count is not available, please price 120-count and indicate in the comment box
  Please check for these common mistakes....
    o Don't price the 180 or 210-count boxes
    o Don't price "Cold Care" or any lotions-type facial tissue
    o Don't substitute any other brands

21. DISHWASHING POWDER
75 oz. box, Cascade brand (powder, not liquid)
  Price at grocery supermarkets or any other outlet, please
  Please indicate the size you priced
  You may price either regular or lemon version; usually they are the same price
  Price 110 oz, 60 oz., or 45 oz. packages only if 75 oz. is unavailable; please remember to indicate the size you priced
  Please check for these common mistakes....
    o Don't price the liquid type
    o Don't substitute any other brands

22. EXTRA VIRGIN OLIVE OIL
15.5-18.0 oz bottle, store brand
  Price at grocery supermarkets only
  Please check for these common mistakes....
    o Don't price plain olive oil, corn oil, vegetable oil, or any other specialty oils such as peanut oil, etc.
    o Be sure to price EXTRA VIRGIN OLIVE OIL

23. FROZEN PREPARED FOOD
8 to 10 oz frozen chicken entrée, Healthy Choice or Lean Cuisine brand
  Please report the lowest price
  Price at grocery supermarkets only
  Please price Healthy Choice or Lean Cuisine brands
  Some of the chicken entrées you might encounter include Country Herb Chicken, Chicken Parmesan, Chicken Enchilada, Chicken Vegetables, Grilled Chicken Caesar, etc
  Please check for these common mistakes....
    o Don't substitute any other brands
    o Please indicate the size of the entrée if the size is larger than 10 oz.

24. FROZEN CORN
12 oz. bag, whole kernel, lowest price
  Price at grocery supermarkets only, please
  Usually the lowest price will be the generic or store brands
Please check for these common mistakes....
  o Don’t price white or Shoepeg corn types, generally their prices are much higher
  o Don’t price microwave, boiler bag, or cream sauce products
  o Don’t price the 10 oz box of corn

25. POTATO CHIPS
10.0 oz (or closest size) plain regular potato chips
  Price at grocery supermarkets only, please
  Price only LAY’s brand
  Please also report the size
  Please check for these common mistakes....
  o Don’t substitute any other brands
  o Don’t price other flavor potato chips

26. SOFT DRINK
2-liter Coca-Cola, excluding deposit if any
  Price at grocery supermarkets or any other outlet, please
  Please check for these common mistakes....
  o Take care not to price the 1 or 3 liter bottles found in some areas
  o Don’t price Pepsi Cola or any other brand except Coca-Cola

HOUSING

27. APARTMENT
Monthly Rent 2 bedroom, 1-1/2 or 2 baths, unfurnished
  Price units of approximately 950 sq. ft.
  Exclude all utilities except water and sewer.
  Typically these are called garden apartments with a small balcony or an enclosed area for the first floor
  Price only the newer units, please. They do not have to be exclusive, but they should be nice.
  Generally these apartments are in the same growth areas as the new houses
  Please check for these common mistakes....
  o Do not include energy in the rent. If possible exclude the cost of electric and gas
  o Do not include the cost of garages or storage areas if they are available at additional cost

28. HOUSE PURCHASE: NEW HOME
2,400 sq. ft. living area new house (see Manual for specifications); full purchase price
  Price only newly constructed units that have never been previously occupied, please.
  The units don’t have to be exclusive, but must be nice (with “Good” or “Very Good” construction quality). Typically these are spec houses found in developing subdivisions.
  Please, seek help from homebuilders in your area. If you are having trouble identifying builders or appropriate prices check out www.zillow.com or www.realtor.com for projects that are underway in your area.
  See the Cost of Living Index Manual for detailed specifications about custom features that should be present.
  Please check for these common mistakes....
  o Please do not price 3 bedrooms
  o Don’t include the garage or porches or patios in the 2,400 sq. ft. of living area
  o Do not include the cost of garages or storage areas if they are available at additional cost
  o Basements are not required but, if present, include their sq ft only if the space is fully livable year around

29. HOUSE PURCHASE: MORTGAGE RATES
Current mortgage rate
  Please price mortgage rates on the Monday following the pricing dates for the rate in effect for the close of business on Friday
  It is important that you specifically ask for both Discount Points and the Origination Fee. Normally lenders do not volunteer that information.
  IMPORTANT: On the web site and other worksheets, we assume that origination fees you report at “2” or less are a percent of the mortgage value; and fees reported at more than “2” are being reported as a flat dollar fee.
  Please check for these common mistakes....
  o Don’t rely on rates quoted in the local newspapers.
  o These are often not accurate since the lenders seldom actually offer the rate when you call. (They consider this as free advertisement so they take advantage of the newspaper listing).
  o Do not use an Adjustable Rate Mortgage (ARM) if a Fixed Rate, 30-year mortgage is available. Currently Fixed Rates are the norm.
  o Don’t use any interest rate in which the Discount Points total more than two (2).
UTILITIES

30. ENERGY -- ELECTRICITY, MONTHLY
Electricity Provider #1 Instructions

- Please report rate information for kilowatt hours (kwh).
- Check out the Residential Rates on your utilities’ web site for a starting point. This site generally includes the basic rates, but may not include any recent adjustments (which you can get from your utility rep.)
- You may report your data in a utility spreadsheet (in Excel format) or via the Internet site.
- Both forms ask the same set of questions designed to gather information required to calculate the cost of providing energy for a standard-sized house.
- We will make the calculation so that it is as comparable as possible across places, but we need this information from your utility provider to make our calculations.
- You may wish to print either the Excel spreadsheet or Item 30 from the ACCRA Cost of Living Index Price Collector web site and provide this to a rate engineer or utility representative so that he or she can complete the form for you. Simply fax the form to your utility rep and ask for a response.
- It is best to input last quarter’s data and let her/him correct the worksheet.
- Don’t be surprised if the base rates don’t change frequently (sometimes they can go for years without changing)
- A number of other charges and rebates change more frequently such as the customer charge or “special charges listed at the end of the Excel spreadsheet or the Price Collector Item 30 input screen.
  - Please remember to enter the adjustment factor; if there is none, please enter zero.
  - Also many utilities have multiple Charges or Rebates. You may include the 10 most important of these charges. Be sure they are for the current month.

IMPORTANT: please enter rebates or credits as negative numbers.

Please make sure that all decimals read as dollars and cents (or parts of cents). For example, when you receive data in cents (e.g., 65¢) should be formatted as dollars (e.g., $0.65).

If you enter data from past quarters, please review carefully for accuracy.

31. ENERGY -- ELECTRICITY, MONTHLY
Electricity Provider #2

- See Instructions for Item 30

32. ENERGY -- NATURAL GAS, MONTHLY
Natural Gas Provider #1 Instructions

- Please report rate information for therms or CCFs.
- Please divide data reported for MCFs by 10.
- Check out your utility’s web site. It usually has basic rates in a Residential Rates worksheet, but recent adjustments may not be captured. If your area was recently deregulated, use the most common or “well-known” gas company as a starting point.
- You may report your data in a utility spreadsheet (in Excel format) or via the Internet site.
- Both forms ask the same set of questions designed to gather information required to calculate the cost of providing energy for a standard-sized house.
- We will make the calculation so that it is as comparable as possible across places, but we need this information from your utility provider to make our calculations.
- You may wish to print either the Excel spreadsheet or Item 32 from the ACCRA Cost of Living Index Price Collector web site and provide this to a rate engineer or utility representative so that he or she can complete the form for you. Simply fax the form to your utility rep and ask for a response.
- It is best to input last quarter’s data and let her/him correct the worksheet.
- Don’t be surprised if the base rates don’t change frequently (sometimes they can go for years without changing)
- A number of other charges and rebates change more frequently such as the customer charge or “special charges listed at the end of the Excel spreadsheet or the Price Collector Item 32 input screen.
  - Please remember to enter the adjustment factor; if there is none, please enter zero.
  - Also many utilities have multiple Charges or Rebates. You may include the 10 most important of these charges. Be sure they are for the current month.

IMPORTANT: please enter rebates or credits as negative numbers.

Please make sure that all decimals read as dollars and cents (or parts of cents). For example, when you receive data in cents (e.g., 65¢) should be formatted as dollars (e.g., $0.65).

If you enter data from past quarters, please review carefully for accuracy.

Please direct questions by e-mail to Jennie Allison at jallison@crec.net

33. ENERGY -- NATURAL GAS, MONTHLY
Natural Gas Provider #2

- See Instructions for Item 32
34. ENERGY -- HEATING OIL (Use only if applicable)
   Price per Gallon
   Please input as collars and cents

35. TELEPHONE (Monthly Costs)
   Local cell phone tax rate
   Collect the tax rates and local fees
   Use the link: https://www.verizonwireless.com/support/taxes-and-surcharge-estimator/
   Enter a valid local address, can be work or home, select “Basic/Smartphone” button and submit
   Copy all “Results Taxes and Surcharge Estimates” from the results page with fees, taxes, and related descriptions
   Please paste the results in the survey comment box
   Please check for these common mistakes....
   o Do not include tax rates for the price of the phone, just the cell service
   o Don’t price landline telephone

TRANSPORTATION

36. AUTO MAINTENANCE
   Report the price to computer-balance all four wheels (use spin balance if computer N/A)
   Price typical tire dealers; places like Goodyear, Firestone, Michelin, Sears, K-Mart are good.
   You should be able to get computer balance at the above type places, but if you can’t you may use spin balance.
   Be sure the price is for all four wheels.
   Normally when you get your tires balanced it’s for at least two, but still only include the cost for all four wheels.
   Please check for these common mistakes....
   o Don’t price at new car dealers -- they are almost always extremely high.
   o Don’t price at service stations -- often they only have spin balance.

37. GASOLINE
   1 gallon unleaded regular, incl. all taxes.
   Cash price at self-service pump (if there is a distinction between cash and credit).
   Not brand specific
   Price only the self-service pumps.
   The easiest way to price gasoline is to keep a 3x5 card with you while you are doing the grocery and other pricing and jot the prices down while you are at a stoplight. Most service stations are on corners and have their price signs posted.
   Please check for these common mistakes....
   o Don’t price the higher octane and higher priced gasoline mixtures.
   o Be careful not to price diesel fuel.

HEALTH CARE

38. OFFICE VISIT, OPTOMETRIST
   Full vision eye exam for established adult patient
   Please price only optometrist
   Eye exam should include eye examination, eyeglass prescription, glaucoma test and dilation exam
   Please check for these common mistakes
   o Please make sure that the price doesn’t include the eyeglasses
   o Dilation is not always part of the exam so you may need to verify that it has been included in the reported price
   o Do not price ophthalmologists

39. OFFICE VISIT, DOCTOR
   General practitioner average charge for established adult patient
   Please report the full price you would be paying if you do not have health insurance.
   Please price only general or family practitioners for an office visit.
   Price AMA Procedure 99213, is a mid-level service office visit.
   The easiest way to price is to call the doctors office directly each quarter. That way the receptionists get to know you and what you need. Every year or so, review your calling list to see if you should add a new doctor or two and drop another one or two.
   Please check for these common mistakes....
   o Don’t price AMA Procedures 99211, 99212, 99214 OR 99215. These procedures are insurance codes that reference level of service. These levels of service are not comparable to AMA Procedure 99213.
   o Don’t price specialists or clinics

40. OFFICE VISIT, DENTIST
   Teeth cleaning for established adult patient
   Please report the full price you would be paying if you do not have dental insurance.
   Please price only general or family practitioners for a semiannual treatment.
   Price ADA Procedures 01110 (insurance codes for teeth cleaning).
   The easiest way to price is to call the dentists office directly each quarter. That way the receptionists get to know you and what you need. Every year or so, review your calling list to see if you should add a new dentist or two and drop another one or two.
Please check for these common mistakes....
  o Please do not include the price of teeth exam

41. NON-PRESCRIPTION DRUG
Advil Tablets, 200 mg. 100 Tablets
  • May be priced at grocery supermarkets or any other outlet
  • The tablets are round and have an orange/red coating
  Please check for these common mistakes....
  o Do not price any other brand
  o Please avoid pricing gel-caps or caplets

42. PRESCRIPTION DRUG
Lantus SoloStar Insulin, 1 carton containing five pens
  • This is the most widely sold prescription drug for Type I and Type II diabetes
  • Please price at local pharmacies in grocery stores or other retail outlets
  • Please ask a pharmacist for the price of this item without insurance coverage
  Please be careful of these common mistakes
  o Be sure to price only one carton
  o Don’t price any other brands

MISCELLANEOUS

43. HAMBURGER SANDWICH
McDonald’s Quarter-Pounder with cheese
  • Other franchises are acceptable, make sure what you price is compatible with the McDonald’s product.
  • It shouldn't make any difference if you eat in or take out.
  • Only price one Quarter-Pounder, no matter if you can get another for as little as a penny. What would it cost you to get only one
  Please check for these common mistakes....
  o Be sure it includes the cheese, even though some places make it a special order to get it without the cheese.
  o Don’t price any other store than McDonald’s
  o Do not include the tax -- be extra careful not to get the sales tax because most places include that automatically these days
  o Do not price any "Combo" or other special

44. PIZZA
Medium plain cheese pizza
  • 11”-12” diameter thin crust regular cheese pizza (no extra cheese)
  • Please price only the medium plain cheese pizza with no extras, at Pizza Hut or Pizza Inn. Get the round pizza price, not the pan or any square type.
  • Only price one pizza, no matter if you can get another for even a penny. What would it cost you to get only one pizza?
  Please check for these common mistakes....
  o Please be sure to obtain the price for "eat-in"; you may be given a home delivery price and some places add a dollar or two for that.
  o Don't price any other franchises than Pizza Hut or Pizza Inn unless absolutely necessary
  o Do not include the tax -- be extra careful to exclude the sales tax because most places may include the tax automatically in the price they quote (especially over the phone)
  o Do not price any specials such as a free liter of soft drink with the pizza, if you can avoid it. If not just take the price and ignore the "freebie". Do not take anything off for the "freebie."

45. FRIED CHICKEN SANDWICH
Original/ Regular chicken sandwich at Kentucky Fried Chicken, Chick-fil-A, Popeye’s or Church’s Chicken
  • Get the price for an original or regular chicken sandwich.
  • Do not price for a meal, just the entrée sandwich
  • Do not price with coupon or promotion
  Please check for these common mistakes....
  o Get only the original fried chicken, not spicy or grilled
  o Do not include the tax -- be extra careful to exclude the sales tax because most places may include the tax automatically in the price they quote (especially over the phone)

46. HAIRCUT
Man's barbershop haircut, no styling
  • Please price only standard barbershops. Typically these are found in small neighborhood shopping centers, may even have a barber pole outside. Usually they will have two to six barber chairs, a waiting area with lots of sports magazines lying around. There are no appointments, just first come first served.
All barbers must be licensed professional barbers. The shop is clean but not luxurious.

Please check for these common mistakes:
- Please don't price styling, razor cuts or any fancy salon
- Best to stick with the locals and not price any franchises
- Do not include any barber colleges

47. BEAUTY CARE

Woman's cut with shampoo and blow-dry.
- Please price only at salons that expect you to make an appointment and allow you to select stylist.
- Typically these are shops found in various shopping centers, even malls.
- This is a little nicer place than the man's haircut, but is not exclusive.
- Some large department stores have beauty salons in the store.
- All stylists must be licensed professional beauticians.
- Please check for these common mistakes:
  - Please don't price any franchises
  - Don't price shops in the home.
  - Don't include any beauty colleges

48. TOOTHPASTE

6 oz. - 6.4 oz. tube, Crest or Colgate
- May be priced at grocery supermarkets or any other outlet.
- If you find an extremely low price at a discounter, this may mean the product is very old and shouldn't be included.
- Please check for these common mistakes:
  - Take care to get the correct size, wrong size is the most common mistake
  - Don't price any other brands.

49. SHAMPOO

15 OR 12.5 oz. bottle, Alberto VO5 brand, any variety
- May be priced at grocery supermarkets or any other outlet.
- If 15 oz. not available, please price 12.5 oz.
- Please check for these common mistakes:
  - Don't price any other brands.

50. DRY CLEANING

Man's two-piece suit
- Please obtain the "cash-and-carry" price for a man's two-piece suit.
- Please check for these common mistakes:
  - Don't any special services such as tailoring, expensive special treatment for silk or silk lined suits.

51. MAN'S DRESS SHIRT

Cotton/polyester; pinpoint; white, long sleeves; size range 15/32-16/34
- Please price a pinpoint cotton/polyester blend dress shirts.
- Price long sleeve white dress shirts only.
- Generally these will be about 65% cotton and 35% polyester.
- This item can be found at large department stores such as Macy's, Kohl's, or JC Penney
- If the item is unavailable, you may use catalogues to price the item. Many nicer catalogues have them. But remember to include shipping and handling costs.
- Please check for these common mistakes:
  - Don't try to find this item at discounters.
  - Be careful not to price seconds, irregulars or damaged merchandise.
  - Do not price at Walmart, Kmart, or Target

52. BOY'S JEANS

Blue denim jeans - regular, relaxed or loose fit - sizes 8-20
- Please price name brands such as Levi's, Lee, or Wrangler
- This item can be found at large department stores such as Macy's, Kohl's, or JC Penney
- Please price button fly or zip
- Please report the lowest price
- Please check for these common mistakes:
  - Don't price irregulars or damaged merchandise
  - Don't price men's or juniors, only boys
  - Do not price at Walmart, Kmart, or Target
53. WOMEN’S SLACKS
- Women's **Black** or Khaki Pants
  - Please don't price seconds, irregulars or damaged merchandise
  - Don't price men’s slacks.
  - Do not price shorts, long leg only
- Please price name brands such as Dockers, Lee and other similar
- Please price at large department stores like Macy’s, Kohl’s, or JC Penney’s.

54. MAJOR APPLIANCE REPAIR
- Home service call for clothes washing machine, including minimum labor charge but excluding parts
- Normally this is priced by calling the washing machine repair shops listed in the phonebook. Chose a sample of both new dealers and repair only shops.
- Only get the price for the minimum house call, no parts or labor. As an example, what would they charge you if they came to the house and the only thing wrong was the machine were unplugged?
- Please check for these common mistakes....
  - Price regular sizes, misses 4-14
  - Do not price at Walmart, Kmart, or Target
  - Pants must be at least 95% cotton, but may contain up to 5% Lycra or other material

55. ANNUAL DIGITAL NEWSPAPER ACCESS
Digital access only, for large city newspaper.
- Unlimited digital access for a large city newspaper.
- Paper must have full coverage of local, state, national and international news.
- Enter only the annual price
- Do not include delivery
- Please check for these common mistakes....
  - Do not include any washing machine still under warranty.

56. MOVIE
First-run (new release), indoor, 6-10 p.m. Saturday (no discounts)
- Usually this is very easy. Please price only the movies advertised on TV, or the movies that were released the Friday of the pricing period. Check a well-known movie critic’s column in the newspaper to get the current movies.
- Must be indoor only, and must be Saturday evening prices from 6 - 10pm.

57. TENNIS BALLS
- Wilson or Penn brand, can of 3 extra-duty balls
- Please price at sporting goods stores or at any discount store.
- Price only Wilson or Penn brand, can of three extra-duty balls.
- Please check for these common mistakes....
  - Do not price at country club or tennis pro sport shops. Prices will be very high.
  - Don’t price if there is an additional charge for bright colored balls.

58. VETERINARY SERVICES
- Annual exam, 4-year-old dog
  - Price exam only
  - No vaccines, no lab work
  - Visit should be for a yearly check-up of a healthy dog
  - Animal hospitals are a good source for prices

59. BEER
Heineken’s 6-pack, 12 oz. containers, excluding any deposit
- May be priced at grocery supermarkets or any other outlet, but do not price at bars or taverns if it can be avoided, since it will generally be much higher
- Price whatever style container is the lowest cost
- Take care to get only the 12 oz size 6-pack
- Does not have to be chilled
- If you cannot find disposal containers be sure to subtract the deposit
- Please check for these common mistakes....
  - Do not price a case and divide by four or a 12-pack and divide by two
  - Do not price any other brand
60. **WINE**

White table wine, any brand, any type,

**1.5-liter bottle**
- May be priced at grocery supermarkets or any other outlet.
- Some areas may not allow wine sales in groceries.
- Take care to get the 1.5-liter bottle size; most common mistake is to price the 26 oz "wine" bottle size.
- Does not have to be chilled.
- If you cannot find disposal containers be sure to subtract the deposit.
- Please check for these **common mistakes**...
  - Don't price at bars or taverns, since it will generally be much higher.
  - Don't price a case and divide by six (comes six to a case).
  - Don't price any other brand.

61. **DROP-IN YOGA CLASS**

Local yoga studio drop-in rate for a one-hour class.
- Price more than one studio if available
- If tiered pricing, price for a 60 minutes class.
- The Drop-in rate may be listed as a “Single Class Pass”
- If pricing at a club, make sure non-club members are able to pay and attend. Please price the non-member rate
- Please check for these **common mistakes**...
  - Do not price a membership for multiple classes
  - Do not include any discounts for first time customers